There are many ways to complete the self-assessment worksheet for the [professional growth plans (PGPs) towards certificate renewal](https://www.pesb.wa.gov/workforce/developing-current-educators/pgp/). Here are some optional recommendations:

* Reflection: Prior to completing the self-assessment, review the full set of [certification standards and benchmarks](https://www.pesb.wa.gov/workforce/developing-current-educators/certification-standards-renewal/), and reflect on scenarios where you may have or have not enacted the relevant criteria or standard.
* Explain the why: While rating yourself, consider why you rated yourself that way. If it helps, write down your thoughts in the notes column.
* Partner up: If you like to collaborate, complete the needs assessment with a colleague who knows you well.

| Rate your capacity *Criteria rated as an area for growth indicates the highest need for professional learning.* |
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|  Standards of Practice  | 1Area for Growth | 2Proficient | 3Area of Strength | Notes (optional) |
| Standard 1 | Assessment  |
| The school nurse collects comprehensive data pertinent to the healthcare consumer’s health and/or situation. |  |  |  |  |
| Standard 2 | Diagnosis  |
| The school nurse analyzes the assessment data to determine the diagnoses or issues |  |  |  |  |
| Standard 3 | Outcomes identification  |
| The school nurse identifies expected outcomes for a plan individualized to the healthcare. |  |  |  |  |
| Standard 4 | Planning  |
| The school nurse develops a plan that prescribes strategies and alternatives to attain expected outcomes |  |  |  |  |
| Standard 5 | Implementation |
| The school nurse implements the identified plan. |  |  |  |  |
| A. Coordination of care: The school nurse coordinates care delivery |  |  |  |  |
| B. Health teaching and health promotion: The school nurse employs strategies to promote health and a safe environment, especially regarding health education. |  |  |  |  |
| C. Consultation: The school nurse provides consultation to influence the identified plan, enhance the abilities of others, and effect change |  |  |  |  |
| D. Prescriptive authority and treatment: The ARPN uses prescriptive authority, procedures, referrals, treatments, and therapies in accordance with state/federal laws. |  |  |  |  |
| Standard 6 | Evaluation |
| The school nurse develops a plan that prescribes strategies and alternatives to attain expected outcomes |  |  |  |  |
| Standard 7 | Ethics |
| The school nurse practices ethically. |  |  |  |  |
| Standard 8 | Education |
| The school nurse attains knowledge and competence that reflect current nursing practice. |  |  |  |  |
| Standard 9 | Evidence-based practice and research |
| The school nurse integrates evidence and research findings into practice. |  |  |  |  |
| Standard 10 | Quality of practice |
| The school nurse contributes to quality nursing practice. |  |  |  |  |
| Standard 11 | Communication |
| The school nurse communicates effectively in a variety of formats in all areas of practice. |  |  |  |  |
| Standard 12 | Leadership |
| The school nurse demonstrates leadership in the professional practice setting and the profession. |  |  |  |  |
| Standard 13 | Collaboration |
| The school nurse collaborates with the healthcare consumer, family, school staff, and others in the conduct of nursing practice. |  |  |  |  |
| Standard 14 | Professional practice evaluation |
| The school nurse evaluates one’s own nursing practice in relation to professional practice standards and guidelines, relevant statues, rules, and regulations. |  |  |  |  |
| Standard 15 | Resource utilization |
| The school nurse utilizes appropriate resources to plan and provide nursing services that are safe, effective, and financially responsible. |  |  |  |  |
| Standard 16 | Environmental health |
| The school nurse practices in an environmentally safe and healthy manner. |  |  |  |  |
| Standard 17 | Program Management |
| The school nurse manages school health services |  |  |  |  |